



“Unlock Success” Mastering Exam Anxiety ! Only Students Wanted !

WHAT?

Intervention study against exam anxiety as part of my Master's thesis

HOW?

With guided exercises and a survey for personal reflection

WHERE & WHEN?



Via **Google Meet**
06 May to 10 May:
every day from
6 pm - 7 pm
8 pm - 9 pm

Important:

One subject hour (1 VPH)

Start the exam phase with more serenity & Learning about tools for daily use

WHAT'S THE OUTCOME FOR YOU?

! Please make sure that you are in an undisturbed environment
! Participation with working microphone and video desirable

10

Available Places per session

10

Available Sessions during the week with only one-time participation

REGISTER HERE QUICKLY AND EASILY



<https://xoyondo.com/dp/u5zxqtwnwnoriqz>